



VOLUNTEER OPPORTUNITY PROFILE

October 2025

Volunteer Board Director

The YMCA of Regina is recruiting new Directors to serve on the board of directors that governs the association, commencing in the first quarter of 2026.

About the YMCA of Regina

The YMCA of Regina is a leading charity recognized for its vital role in strengthening the foundations of community and dedicated to the development of thousands of people in spirit, mind, and body. Our mandate is to foster diverse and inclusive communities where citizens of all ages are connected, thrive, and care for one another.

As one of the largest charities in Saskatchewan, the YMCA of Regina has annual revenues of \$18 million, more than 375 employees, and 100 volunteers whose efforts are grounded in the values of positivity, belonging, empowerment, well-being, and inclusivity.

Guided by our vision and grounded in our core values, the YMCA's commitment to serve, learn and renew has ensured the Association's relevance to a changing community for over 118 years.

The YMCA has both the responsibility and the opportunity to be a strong leader, partner, and advocate in helping to create the communities we envision. Our Strategic Plan focuses on three interrelated strategic directions and goals:

- Create places to thrive
- Create spaces to belong
- Be a sustainable YMCA

The Association delivers a wide variety of programs and services that include health, fitness and aquatics, childcare, and community-based programming initiatives.

We are a charity committed to igniting people's potential:

- Leading, partnering, and advocating to strengthen the foundations of local communities.
- Valuing and respecting diverse perspectives and welcoming the participation of all people.
- Fostering opportunities for all individuals and families in our communities.
- Nurturing personal growth in spirit, mind, and body.

- Promoting holistic health and well-being.
- Cultivating future leaders.
- Encouraging philanthropy in all we do.
- Demonstrating our value and impact.

The Leaders We Want

Overall, the skills that are required on the Board of Directors include:

Governance	Community Development
Financial Management	Philanthropy and Resource Development
Stakeholder Relations and Engagement	Risk Management
Strategic Planning and Leadership	Legal / Policy
Community Partnerships	

The YMCA of Regina strives to integrate our values of diversity, equity, inclusion and belonging in all that we do. We actively strive to represent the communities in which we serve, and we welcome the participation of people who embody these principles and who reflect the many dimensions of those communities.

We encourage applications from individuals residing in Regina and Moose Jaw.

If you feel that you can contribute to our community through this volunteer position at the YMCA, please submit a cover letter and your resume as attachments to the Nominating Committee at <https://regina.ymca.ca/2025-board-application/> (all applications must be submitted electronically).

APPLICATIONS ARE ACCEPTED beginning Friday, October 3, 2025

DEADLINE FOR APPLICATIONS is Friday, October 17, 2025

The Board of Directors volunteer profile, the YMCA Board Skills Criteria, and the YMCA Strategic Plan are all located on the YMCA of Regina website: <https://regina.ymca.ca>

If you have questions about this rewarding volunteer role, please contact:
boardrecruitment@regina.ymca.ca