

HUMAN TRAFFICKING 101

LOVE146

A TRAINING FOR CAREGIVERS

Empowering Caregivers: Your Role in Their Protection

While youth participate in our comprehensive **5-module prevention curriculum**-where they engage in detailed, age-appropriate activities to build digital safety and refusal skills-your awareness at home is what makes that training stick.

Our 1-hour and 2-hour Caregiver Information Sessions are specifically designed to align you with what your child is learning. By stepping into this session separately, you will gain the exact tools, terminology, and insights needed to support your youth, sustain open communication, and confidently reinforce their safety boundaries at home.



We offer two non-graphic, high-utility pathways to fit your schedule:

Option 1: The 1-Hour Essentials Briefing

Best for: Busy caregivers looking for a fast, high-impact overview of the curriculum's core pillars.

- **What you will learn:** The reality of modern child trafficking, common misconceptions about exploiters, and how to spot subtle behavioral changes or online warning signs.
- **The Alignment:** You will get a clear map of what your child is learning in their 5 modules so you can speak the same language at home.

Option 2: The 2-Hour Comprehensive Strategy Session

Best for: Caregivers who want a deeper look into modern digital threats and hands-on guidance for handling difficult conversations.

- **What you will learn:** Everything in the 1-hour session, plus a deep dive into specific digital vulnerabilities like sextortion, and online grooming tactics.
- **The Alignment:** We will actively guide you through safety planning strategies and communication workshops. You will learn the critical "Dos and Don'ts" of responding if your child comes to you with an uncomfortable online encounter.



What to Expect

We know this topic can feel overwhelming. Our session-grounded in the proven Not A Number curriculum-is strictly focused on prevention, education, and emotional support. We do not use graphic shock tactics. Instead, we focus on empowering you with facts, reducing anxiety, and showing you how to build a home environment rooted in connection rather than surveillance.

Bridge the Gap Between Awareness and Action

Your child's 5-module training is incredibly powerful, but it relies on a safe, supportive adult to back it up. Take 1 or 2 hours to get on the same page, protect their future, and become their ultimate safe space.

To register for an upcoming information session as a parent, guardian, or caregiver, please contact us directly at rishu@mjymca.ca or mentorshipoutreach@regina.ymca.ca.

YOU ARE MAKING A DIFFERENCE!

EVERY SUPPORTIVE CONVERSATION BUILDS

TRUST

EVERY HUG STRENGTHENS

CONNECTION

EVERY SMILE BUILDS

SELF ESTEEM

EVERY TIME YOU ARE THERE YOU HAVE THE POWER TO

MAKE A DIFFERENCE

