



Victoria Day Weekend 2017

East Fitness Schedule

Friday May 19

5:30 AM – 10:00 PM

5:30pm – BodyBlast - Marina

6:30pm - Taekwondo

Saturday May 20

7am - 7pm

9am – PowerPacing – Boni

12pm - Taekwondo

Sunday May 21

7am – 7pm

No Classes

Monday May 22

7am – 7pm

9:30am – Yoga - Kristal

Have A Great Weekend!!

Building healthy communities