

## Summer Day Camp Prices:

### General

Member \$185 / \$148\* Y Members  
Public \$210 / \$168\* Non-Members

### ARC and Special Needs

Member \$314 / \$252\* Y Members  
Public \$365 / \$293\* Non-Members

### Swim Camp General

Member \$230 / \$184\* Y Members  
Public \$270 / \$216\* Non-Members

### Swim Camp ARC/SN

Member \$375 / \$300\* Y Members  
Public \$425 / \$340\* Non-Members

### Mighty Munchkins

Member \$79  
Public \$91

\* Pro-rated pricing for Week 5 August 2-5

## Registration Checklist

Registration forms can be found on our website [www.regina.ymca.ca](http://www.regina.ymca.ca) or at any YMCA of Regina Member Services Desk

Registration is due Friday @ 4:30 PRIOR to the week attending. Space is limited - register early! Registration fees are due at time of registration. Cancellations received 7 days prior to the first day of camp will receive a full refund less a processing fee. No refunds will be issued after cancellation deadline.

Once registered, please visit our website for a copy of the Parent Information Package. This package outlines important information including what parents and campers can expect during camp, a clothing and equipment checklist, and our behaviour guidance policy.

Contact Us at: [daycamp@regina.ymca.ca](mailto:daycamp@regina.ymca.ca)

"My son loved it. When I asked him what the best thing was every day he said 'everything!' The staff are friendly and enthusiastic and there is a great variety of activities."

"The kids absolutely love it - great mix of crafts, games, exercise and field trips. Not many other camps provide all of those together."

"The inclusive nature of the camp appeals to us since one of our children has Asperger's Syndrome. We feel that both boys being able to attend the same camp, with supports for everyone, is wonderful."

"Loved the out trips the kids went on. Our daughter ended up going to places we didn't get to take her to yet. She had a great time."



Questions? We want to hear from you.

[www.regina.ymca.ca](http://www.regina.ymca.ca)



YMCA  
of Regina

Summer  
Day Camps



Building healthy communities



## Day Camp Information

Day Camp Hours	9:00 am-4:30 pm
Pre Care*	7:30-9:00 am
Post Care*	4:30-5:30 pm

\*Pre & Post Care is a registered program that provides extended supervision outside regular camp hours. Cost is \$27.80/week

## Summer Day Camps

YMCA Summer Day Camps are inclusive summer programs which are so much more than just fun in the sun. Our camps have a structure and routine of active living and recreation. Campers will enjoy outdoor activities, sports, swimming, and outings into the community, in addition to explorations into the creative arts, science, and key concepts of healthy living (physical activity and nutrition).

Thanks to our partnership with the Autism Resource Centre (ARC) we are proud to provide campers with an inclusive summer experience in which campers gain new skills, challenge personal limits and have fun. Both our Downtown and Northwest Summer Day Camps are open to all young people including those with diverse special needs. All campers participate together in the same programs and social skills education.

### Mighty Munchkins

This half-day camp is perfect for your preschooler as this is a great way to get your child ready for preschool or Kindergarten. Creative games, songs, crafts, theme based activities, recreational swimming, and out trips will fill little campers' half day.

Space is limited in all Summer Day Camps so register early!

### YMCA Value Bead Program

This summer, we are continuing with the YMCA Value Bead Program which encourages campers to consider the YMCA of Regina Core Values of Honesty, Caring, Respect, Responsibility, and Inclusiveness and incorporate these values into their daily behaviours and actions. Camp Counselors watch for and encourage positive behaviours throughout the day, and reward campers daily with Value Beads during an end-of-day Bead Ceremony.

### YMCA Summer Day Camps

Date	Program Offered	Loc	Ages
Week 1 July 4-8	Mighty Munchkins	NW	3-5
	Swim Camp	NW	6-12
	Colour Me Happy	DT	6-12
Week 2 July 11-15	Mighty Munchkins	NW	3-5
	Swim Camp	NW	6-12
	H2Wow	DT	6-12
Week 3 July 18-22	Mighty Munchkins	NW	3-5
	Sport Development Camp	NW & DT	6-12
Week 4 July 25-29	Mighty Munchkins	NW	3-5
	Great Outdoors Camp	NW & DT	6-12
Week 5 August 2-5*	Triathlon Camp	NW	13-15
	Colour Me Happy	NW	6-12
	Swim Camp	DT	6-12
Week 6 August 8-12	Mighty Munchkins	NW	3-5
	H2Wow	NW	6-12
	Swim Camp	DT	6-12
Week 7 August 15-19	Mighty Munchkins	NW	3-5
	Sport Development Camp	NW & DT	6-12
Week 8 August 22-26	Camp Rewind	NW & DT	6-12

\* Four day week.

### Swim Camp

Let's make a splash out of summer! Swim camp is the perfect fit for the swimming fanatic in the family! Twice daily swim instruction is provided based on the YMCA Learn to Swim and Star Programs. Campers can earn a full swim level within the week while having fun and making new friends! Please provide current swim level upon registration.

### Sport Development Camp

Come join us at our sport development camp! Our YMCA staff are NCCP certified in Fundamental Movement Skills and will encourage campers to explore all sport areas and help develop a sense of physical literacy. Fun games and action packed activities will boost campers' confidence to live healthy and be active for life.

### Great Outdoors Camp

Share the wonders of nature with your child. This camp will feature direct experiences with the natural world through hands-on activities, games, crafts and nature exploration. We will have endless hours of fun while exploring the world of animals, insects, habitats and ecosystems, animal adaptations and survival.

### Colour Me Happy

Add a little art adventure to your summer! Join us as we explore the earth, experiment with natural materials, create amazing art projects, and play outdoors with new friends. This special week focuses on how everything is related to our wonderful earth and how artists can use clay, paint, wood, flowers and leaves, paper and shells for one of a kind works of art.

### Triathlon Camp

Come try Triathlon! This multi-sport camp will have you challenging your abilities on land, on wheels, and in the water. Test your endurance and create a new personal best.

### H2Wow

Let's splash and splash through the hot days of summer! Camp activities will focus on everything H2O. Get ready for pirate adventures on the high seas, underwater explorations, and learning all about the wonders of marine life.

### Camp Rewind

Wish you could relive the fun games, sport activities or splashable moments from summer? Well, this is the week you've been waiting for! We are going to take some of the most fun and action filled moments over summer and jam them all into one week of awesomeness. Let's play games, move, shake and splash with a full blown camp REWIND!